# We believe human kindness.

We feel passionate about coming together to make kindness loud. Kindness is contagious, but the spark has to start somewhere. Why don't we start here? And why don't we start now?

#makeKINDNESSloud

# I AM GOING TO...

make a new friend today.

# I AM GOING TO...

help the custodian pick up trash in the hallway at school.

# I AM GOING TO ...

pick some flowers and give them to a parent.

# I AM GOING TO...

write a thank you note to the cafeteria staff at my school.

# I AM GOING TO ...

write and send get well cards to children at St. Jude Children's Hospital.

## I AM GOING TO...

write an encouraging note and leave it in a friend's backpack or locker.

# I AM GOING TO...

find a pen pal and write them a letter.

### I AM GOING TO ...

sit by a new kid at lunch.